

## WHO ASSIST V3.0 ANSWER SHEET

### Specific Substance Involvement Scores

Add up your scores from the questionnaire here:

Substance	Score	Risk Level
a. Tobacco Products: Question 1a, 2a, 3a, 4a, 5a, 6a, 7a		0-3 Low 4-26 Moderate 27+ High
b. Alcoholic Beverages: Question 1b, 2b, 3b, 4b, 5b, 6b, 7b		0-3 Low 4-26 Moderate 27+ High
c. Cannabis: 1c, 2c, 3c, 4c, 5c, 6c, 7c		0-3 Low 4-26 Moderate 27+ High
d. Cocaine: 1d, 2d, 3d, 4d, 5d, 6d, 7d		0-3 Low 4-26 Moderate 27+ High
e. Amphetamine type stimulants: 1e, 2e, 3e, 4e, 5e, 6e, 7e		0-3 Low 4-26 Moderate 27+ High
f. Inhalants: 1f, 2f, 3f, 4f, 5f, 6f, 7f		0-3 Low 4-26 Moderate 27+ High
g. Sedatives or Sleeping Pills: 1g, 2g, 3g, 4g, 5g, 6g, 7g		0-3 Low 4-26 Moderate 27+ High
h. Hallucinogens: 1h, 2h, 3h, 4h, 5h, 6h, 7h		0-3 Low 4-26 Moderate 27+ High
i. Opioids: 1i, 2i, 3i, 4i, 5i, 6i, 7i		0-3 Low 4-26 Moderate 27+ High

### What do your scores mean?

**Low:** You are at low risk of health and other problems from your current pattern of use.

**Moderate:** You are at risk of health and other problems from your current pattern of substance use.

**High:** You are at high risk of experiencing severe problems (health, social, financial, legal, relationship) as a result of your current pattern of use and are likely to be dependent.

**Are you concerned about your substance use?** Please visit the Wyoming Department of Health, Mental Health, and Substance Abuse Services Division Website to find a provider near you who can help.

<http://health.wyo.gov/mhsa/treatment/TProviderMap.html>